

Announcement of the Annual Meeting of TRANSAUTOPHAGY (COST Action CA15138)

Dear colleagues,

We are pleased to announce the next annual meeting of the COST Action “European Network of Multidisciplinary Research and Translation of Autophagy knowledge” (TRANSAUTOPHAGY, CA15138) to be held in Sofia, Bulgaria, from the 23th of April (afternoon) until the 25th of April (afternoon). We believe that this timely activity will contribute in demonstrating that the action is still alive and vibrant.

The goal of the meeting is to bring together investigators involved in CA15138, allow as much as possible to present and discuss their ongoing research focused on autophagy. In addition, the meeting is a very good occasion to nurture or initiate collaborations between interested research groups with small and medium-size enterprises (SMEs) already involved in the action. We encourage the participation of PhD students and postdocs.

An appealing and exciting agenda includes:

- Opportunities for deal-making between participants and SMEs
- Short focused oral presentations (10 minutes talk + 5 minutes questions, selected from the submitted abstracts by the Scientific Committee) by PhDs and postdocs. The selection committee will be tasked to allow as many young scientists as possible to present their work and showcase the diversity and richness of the topics covered by the different participating labs studying autophagy.
- Poster viewing time enabling enough time to present and discuss the presented work
- Prizes for young scientists for the best oral and poster presentation

All updates for this meeting will be announced at the COST CA15138 website, LinkedIn and Twitter.

Important information for the Participants

Date: April 23-25, 2019

Venue: Sofia Hotel Balkan, 5 Sveta Nedelya Square, Sofia 1000 Bulgaria

Here is the link for **Hotel booking:** Marriott hotel(s) offering your special group rate:

Sofia Hotel Balkan, a Luxury Collection Hotel, Sofia for 92 € per night

[Book your group rate for TRANSAUTOPHAGY](#)

Start date: [4/23/19](#)

End date: [4/26/19](#)

Last day to book: [3/28/19](#)

Deadlines: March 21, 2019 – abstracts submission (oral and posters)

Registration: To register for this meeting, please fill the online document available:

<https://docs.google.com/forms/d/e/1FAIpQLSf48Gyn->

[02_DIW3op33GcZ39b62yUMeQ9mrYlwmES_JKFH6_w/viewform](https://docs.google.com/forms/d/e/1FAIpQLSf48Gyn-02_DIW3op33GcZ39b62yUMeQ9mrYlwmES_JKFH6_w/viewform)

Instructions to authors

- The title of the abstract should be concise and reflect the contents of the abstract. Its formulation should aim at attracting the attention of readers.
- The title must not contain any particular formatting (bold, italic, etc.)
- A special or unusual abbreviation must be enclosed in parentheses after its definition.
- Abstracts is required to be not more than 2000 characters including spaces (title and list of authors not included)
- The abstract should be devoid of drawing, table or any type of illustration.
- Equations can be inserted within the text as images or via the 'Add formula' option.
- Abstracts have to be submitted to annualmeeting19transautophagy@gmail.com
- Poster dimensions will be 100cm x 120cm.

Organizers:

Scientific Committee:

Chair/Vice Chair of COST Action CA15138

WG Leaders

Task Coordinators

Local Organizing Committee:

Soren Hayrabyan (Local Chair)

Krassimira Todorova

Important information for reimbursement eligibility

We offer reimbursement of travelling expenses (covering: transport, flight/train tickets, local bus or metro (taxi only under some circumstances), the meals that are not included in the event, and accommodation) to: MC members; and the first 25 Transautophagy members being young researchers (ECI, PhD or postdocs up to 8 years after their PhD/doctorate obtention), the first 5 non-young researchers from Inclusiveness Target Countries (ITC), and 2 small or medium-sized representatives registered in the meeting. Please, note the following requirements for reimbursement:

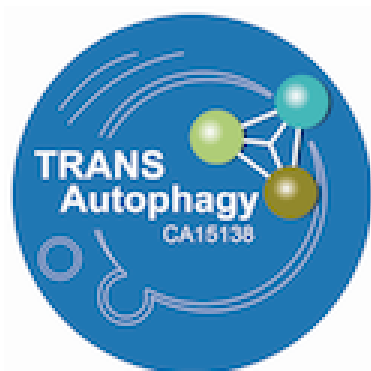
1. Being a Transautophagy member
2. Have registered at eCOST: <https://e-services.cost.eu/action/CA15138/download/AFS>
2. Receive and **accept** the official invitation from eCOST to attend the meeting before 23rd March.
3. Travelling expenses reimbursements will be done according to the eCOST rules. **Those rules are indicated below in pages 4 to 6.**

Organization Committee will announce the name of the members to be reimbursed before the 21st March.

IMPORTANT: Applicants to be Transautophagy members COST members have to claim it as soon as possible to chair.transautophagy@gmail.com to be approved by the MC committee.

Thank you in advance,

COST Transautophagy Core Group



eCOST
EUROPEAN COOPERATION
IN SCIENCE & TECHNOLOGY

WHAT MUST ALL ELIGIBLE PARTICIPANTS DO TO BE REIMBURSED UNDER THE COST GRANT SYSTEM?

- On-line registration of personal and bank details: <https://e-services.cost.eu/user/login>
- Accept the invitation from e-cost
- Sign the attendance list
- Complete online all expenses
- Deadline: **30 Days** from the meeting end date
- Derogations = **pre**-approval from COST

TRAVEL EXPENSES - WHAT CAN BE CLAIMED?

Flight expenses:

- Economy class
- Max € 1200
- Full itinerary
- Ticket price



Car travel expenses:

- Maximum distance 2000 km at
 - ✓ € 0.20 per km
 - ✓ € 0.30 per km with 2 or more eligible participants
- Proof of distance is required.



Train or Bus expenses:

- Any cross-border travel
- Travel in First and second class
- Sleeper trains



Local transport expenses (train, tram, metro and bus):

- Within one country
- Claimed amount ≤ €25
→ No receipts required
- Claimed amount > €25
→ All receipts required



Taxi expenses are allowed when:

- No other means of public transport is available
- Travel is required between 10pm and 7am
- Up to a maximum of € 80 in total.



Other Eligible Expenses:

- Ferry
- Visa fees
- Luggage fees
- Parking fees (i.e. airport parking or train station parking)



ACCOMMODATION EXPENSES - WHAT CAN BE CLAIMED?

- Based on flat rates only = up to €120 per night
- No receipts required
- Maximum number of nights = the number of attended meeting days as confirmed by the daily signed attendance list plus 1 night before the event commences
- The Management Committee (MC) can decide to reduce the accommodation flat rate
- All participants must receive the same flat rate allowance

MEAL ALLOWANCE – HOW DOES IT WORK?

- Based on flat rates only = up to € 20 per person per meal
- Dependent on the participant's travel times
- Any Local Organiser meal/s must be deducted
- The Management Committee (MC) can decide to reduce the meal allowance flat rate
- All eligible participants must receive the same flat rate allowance



An example based on the 1st Joint Meeting in Poland:

Meals	05/10/2016		Meeting		08/10/2016	
	Departure time from Home/ Institution		06/10/2016	07/10/2016	Arrival time at Home/ Institution	
Lunch	Before 12:00	YES	NO	NO	Before 12:00	NO
	After 12:00	NO			After 12:00	YES
Dinner	Before 19:00	YES	NO	YES	Before 19:00	NO
	After 19:00	NO			After 19:00	YES
Maximum 5 meals if travelling the day before and after the meeting						

MEETING PARTICIPATION – NON-ELIGIBLE EXPENSES

- Registration, honorarium or lecture fees
- Any kind of insurance (life, medical, health, luggage)
- Printing, postage fees
- Wi-Fi-telephone, internet and minibar consumption
- Overnight stay during a trip by car, fuel costs, road tolls and car rental costs
- Regional or national taxation fees, stamp duty expenses